

## ShaVrill's Message for 1998

\*\*\* Greetings!

The years ahead will be a great spiritual challenge for those of you who have taken upon yourselves to tread the Spiritual Path (of evolution). This means you have taken upon yourselves a consciousness that is not just your Hu-man consciousness.

The Spiritual Path ahead, is a **new** one, one that you will have to create for yourselves. There is no precedence. There are no trailblazers before you. This time, you are doing it as Mass Humanity. The Spiritual Path is no longer to be found in your Ashrams and Temples, your Churches and Synagogues. It is now to be found in all Living beings, in all life forms in the Whole Planetary World.

There is no such thing as Sacred Ground and Non-sacred ground. All life is sacred, all humans are sacred, all experience is sacred..... what makes them sacred is your Consciousness. The beliefs that have been surrounding you, that separate this as sacred/that as not, will not serve you very well in the future. Your belief systems will undergo quite an upheaval.

Your Spiritual path IS your daily existence. The challenge that you have ahead is to integrate what you know spiritually and apply it in your daily living.

Then, and only then, will the fellow humanity that is dragging its heels and annoying and frustrating you, then, will it begin to change. The days are long passed, when you could achieve spiritual consciousness on the top of the mountain and leave the rest of humanity behind.

The good news is, that in this particular race, the Human Race, there are no winners. In this race, the winning is when as many people as possible get across that Finishing Line in Time. As many of your spiritual leaders have guided you... 'if there is one human being hungry, you have work to do; if there is one human being unhappy, you have work to do'.

The Great Challenge for Humanity during this phase, is to integrate a great deal of Diversity into One Global Culture and One Human species. We would encourage you to use the words, 'human'

and 'people', rather than 'man/woman, child/elder', rather than particular races or cultures or ways of being. To use the collective and unifying words will take the focus away from your differences, and bring forth your common links.

Spiritualizing matter means bringing it into Consciousness of the Spirit that is in all Life. Make sure then, that you give your bodies and your 3D world, a good dose of nurturing each day.

Give those who are continuing to maintain your world, due honor. Their task is hard enough! With the great influx of energy into your world, look for the Spirit everywhere and in everything. Remember, Love loves through you, as well as from you.

What matters, what truly matters? As your belief systems are shaken, your reality keeps shifting and changing (quite rapidly!). It is important that you do not lose consciousness of What Matters. Ponder on this and when everything seems to be falling apart and very confusing, stop yourself, put your hand on your heart, breathe deeply and ask yourself... what matters, what Truly Matters ?!

Your technology will be changing as much as yourselves. You are now at the point in your planetary world, where, in order to save your Planet as well as yourselves, you need to change your technology.

It is time to Get Real, get Very Real. What matters? What Really Matters? What matters, you need to get very real about. When you have your Spiritual Insight (your Light), streaming into your consciousness, and when your heart is wanting to express Love, you will find very real ways of expressing these. As you find very Real ways of living and existing, of creating and co-creating, then your Love and your Light has a chance to express itself.

What is occurring for many of you as you begin these accelerating changes, is a natural reaction against that which you no longer want, what is no longer appropriate. Be careful with judgements. Judgement is a very inefficient way of running a planet.

You will need a great deal of spiritual food to nurture you through the transition. What spiritual and soul food will you feed yourself ? What soul food will you give to others? Nurture the soul in each

other and in yourself. Nurture the Spirit in All things... congratulate it, recognize it, feel its living in and around you.

Be conscious of where you are and what you are doing. When people are down-hearted, lift their spirits. When people are mean-spirited, give them more. Be the Spirit in all things and in yourself. Find out what nurtures and enhances the spirit. Learn honesty with yourselves and with each other. Give others room to be honest with you. This enhances the awakening process and quickens your coming into Reality.

Enjoy a Spirited Life! Then, you will be Blessed and Blessing.

Learn laughter and the art of being 'unreasonably happy'. You are creative spirits.

You will create the Living.

ShaVrill

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