



Pendulum

A Theoretical Framework for Change

ShaVrill

Through

Hilary J. Allen

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Acknowledgements

“The creation and development of a project such as this has involved many people, many souls and many hours.

We thank you all”

ShaVrill 1995

The original was received, chapter by chapter over 1987-89. ShaVrill dictated telepathically as Hilary recorded directly onto tape.

The process of transcribing, word processing and publishing has involved a number of people over the years.

This edition updated and posted by Hilary on her domain:

www.dawnings.com.au

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Synopsis

Pendulum has been channelled.

It is a 'Theoretical Framework for Change'.

The group channelled refer to themselves as:

"Intergalactic Emissaries for the *Brotherhood of Light*, whose task it is to travel through our Universe, assisting in quantum leaps of evolution"

We have come to know them as ShaVrill.

During the last decade, ShaVrill have taught, debated, discussed, played and created with groups of individuals. The outcome is invariably a heightened awareness and renewed sense of the soul's nature and purpose on Earth.

Through the book we have before us a guide, a thesis, a direction.

The formula $NF + 1 = C$ may seem mathematical, yet is applied philosophically and practically to the transitional state of our Planet, and especially, to the adaptation of conscious souls dwelling herein.

It is a thought provoking manuscript. It is recommended that it be read in small doses, pondered upon, and experimentally applied to daily life.

For the people of Earth, it may be well-come.

Enjoy it, think about it, discuss it, play with it and apply it . . . if it works for you, develop it further.

Hilary J. Allen

1995

PREFACE

There is so much happening in our world at this present time that we may be excused for vacillating between extremes. Yet it is just at the point when the pendulum is swinging through the centre, that we are our most creative and potent.

Whilst we are in the midst of so much upheaval and disillusionment, we can literally grasp the creative force of the universe at the very vortex of change. We can look around us at the havoc and personal chaos which is a consequence of this change, and lose sight of the very opportunity with which it provides us - a chance to [evolve](#).

The growth of our planet rests with our ability to direct our attention to the synthesis of what we have, to embrace the full spectrum of what we are, and to overcome separative thought patterns with a vision of what we can become.

What we have is the opportunity to constructively, decisively and purposefully, direct our own evolution and destiny.

This is our heritage of many aeons of development of the human race.

Can we.....let's... play our part.

(The Little One)

Preface to Pendulum

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The Formula for Change

$$\text{NF} + 1 = \text{C}$$

NF ... **Natural Force**, or Natural Field of energy.

Here, 'Natural' refers to that which is functioning naturally because it is complete enough within itself to do so.

+1 ... any new element, unit or energy stream added to the existing **NF**.

C ... **Change**

Change ... This can be **chaotic** during the integration process and may remain so if the **+1** is not fully accepted and integrated.

The **change** potentially is **creative** if the **+1** is integrated.

Completion of the process is indicated when the **NF** has changed and restores dynamic functioning as a new **NF**.

The mastery of the process of **Change** therefore requires:

- Careful consideration of the characteristics of the **+1** if known.
- The possible **rate** of change.
- The perceived /observable potential of the **NF** to integrate the **+1**.

	Creative
NF +1 = C	↗
	↘
	Chaotic