

Chapter Six

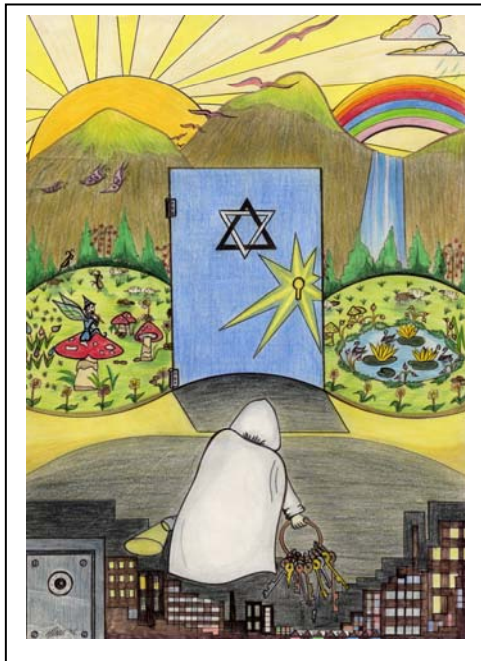
The Keys

What are keys for but to open doors?

What use are doors other than to be opened or shut?

The symbols of moving over 'the threshold', of passing 'through doors' and of needing 'keys' - are symbols used to describe a movement from one phase of being to another. In reality there is no door, there is no key hole and there are no keys needed.¹

Emerging from the aeons of lifetime experiences such as that which has been, the symbols of **keys** and **doors** seem appropriate for there has been a sense of being 'shut out' and separate from the greater Universe. A new perspective is needed to expand beyond the need for the pillars which often depict polarities. It is time to 'lift the veil'.



The keys as discussed here and now, are also tools. They are the means by which the thread of **Life** is extended, strengthened and enhanced. This allows more freedom for both the soul and its manifested body in an incarnation. Therefore, whilst it seems along The Way that one is moving closer to one's soul, in fact a more heightened awareness grants a greater freedom between the two.

The keys to Life as they have been taught, have taken many shapes, many sizes, have been made of many different forms of knowledge, according to that which has been needed in any given time. They are given and created in the context of a cultural and evolutionary time and space.

Many metaphysical tools therefore, are keys. Each school of thought has produced its own particular set of keys. Each religion has created a guide to self discipline and mastery. These tools and keys have been handed on through generations of devoted scribes and teachers. In the present day of a mobile and integrating species, there is much to explore and discover.

¹ See Notes: Art

There are three main keys by which a HuMan may identify, release, invite, embrace and expand:

Identify its Self leading to Self Awareness.

Release its Self from the entrapment of a materialistic world;

Invite the energies of Life into its living form;

Embrace the co-creative experience;

Expand its perspective and consciousness.

The first of these is **The Light**:

There are a number of religions that have referred to the Light. The Light is that which comes from a Source. The Source of the Light is that from which the Spirit originally emerged. For the Human, the source of the Light is the Light of the Soul. For the Soul, the source of the Light is the Spirit. For the Spirit, the source of the Light is what you would refer to as GOD.

When a human first seeks the light within itself, it is reaching for the Soul. The Light manifests and expresses itself through the throat, the frontal lobe and the etheric connection point to the Spirit found in the Crown chakra. The Light is the means by which one **sees clearly**. The Light is the means by which one comes to understanding, enlightenment, comprehension, that "Aha!" of Knowing. The sensitive apparatus of the body registers the impression of the Light indicating that the knowledge has been acquired, the tools can be utilised and the process is in alignment with the Soul, which is in alignment with the Spirit, which is in alignment with GOD.

The Light illuminates that which has been incomprehensible, misunderstood or not known. This process is transferable throughout the Universe. It brings about consciousness, it enhances sentience and awareness and it nurtures the ability to monitor oneself.

The second of the keys is **Love**:

Traditionally the description of love within your world is related to the heart. For some, the heart (or the relationship of the heart to the will) and the desire/needs/wants, are incorporated in, the Love. In its purer and higher state, Love is that which manifests indeed through that portion of the body referred to as the upper torso.² The Love that 'passeth all understanding' is the Love which is aligned with the Light. For when the Love is aligned with the Light there need not be any understanding. Knowing and being are enough.

² See notes: Upper and Lower Triads

Love fosters acceptance. Love enhances openness. Love is the peace found in the Zero point of total being, where there is no polarity, there is no negative and there is no positive.

Love is the natural force (NF) in the Universe. Light is the (+1) which produces Change. The resulting Change is a creative Life-giving process and activates the third key, the Will.

Love + Light = Life

These are essentially connected and yet each can be experienced separately and that is their beauty. In the early stages of evolution, Love is the Primary focus in the Lower Triad experience and as it grows it seeks the heart. In the growing of the human being that seeks the Light, the mind may become a focus for a while in time. Both, when combined, beckon the human being to the 'secret' of Life.

Further, Love squares itself, for when and where Love flows it is attracted to and by the frequency of Universal Love. When the human experiences love the Universal natural stream of Love flows *through* it as well as *from* it. As a key, Love is the means by which nature (NF) squares itself³ The process of individualization into that, which is universally recognised as *creation*, is again a known reality. It is LOVE which brings about the joy of individualization. It is LOVE which brings about the joy of returning to oneness. This is a pulsating and dynamic relationship with the Divinity of Life.

The Will is the third key.

In the early stages of evolution, the human will was used to direct one's own energy and for self empowerment. It *appears* to be that which defines individualization. Yet it is not so much a defining of individualization as an extending of that which already exists.

It is the Will that magnetically attracts and carries the Light and the Love out into the realms of the Universe. It is the Will that directs it everywhere and brings it back. It is the Will which touches the heart of another from which Love can then respond. For without Will one would not reach out.

In the absolute state of natural being there is no need to reach out. All IS that IS.

The urge of Will is therefore the third of the keys to Life. When the Will is aligned with the Love, it nurtures harmlessness, creativity, progress, development, procreation and growth.

³ See notes: The Cube

When the Love is aligned to the Light, it brings harmony, peace and understanding.

When all three are aligned and connected, you have what is known as the [Universal Life Force](#).

If any of these three keys are not functioning, is inactive and not energised, then that which is created, is only *partly* created: it is *incomplete*. Then the Will may be withdrawn and the unit of creation in its temporary state of in-completion, dissolves.

[The Mystery Schools](#)

The Mystery Schools are an inherent part of every religion and spiritual stream of thought. They may seem to be separate from and extraneous to these religions and yet, they contain within their works, the essence of all teachings upon the planetary world.

That which is hidden within these esoteric writings; that which has not been revealed; that which has been considered sacred; that which has been kept from you - is simply the means by which one builds, evolves and maintains oneself in alignment with one's [own Divinity](#). This is the connection providing access to the Universal Life Force.

It is the means by which one can reach out, differentiate, individualize, interact, share, grow, love, understand, and yet remain [complete](#). Open the doors and Know.

The Keys are for you to study, to apply and to experience:

To Love is to [feel](#) no division.

By the Light, one [knows](#) that there is no division.

And the Will, is to direct one's energies to [unify](#) any divisions that have been created.

The process of evolution that has deemed these Keys to be considered separate, divided, hidden, secret and 'sacred' . . . has been a process of individualization. It has been a process of Will. It has been a process which is now returning to itself through the heart. It has been a process whereby human life defined itself according to the Light, or to Love, or to the Will, but not all three.⁴

⁴See notes: Inner conflict

The period of fragmentation has been an experience of inner growth from which an emerging consciousness may flower, of embracing and extending oneself outwards from an inner loving and knowing. The returning to the Light, Love and the Will, aligned, is returning to the knowledge and acceptance of LIFE.⁵

These are the Keys of Heaven

These are the Keys to one's true being.

These are the Keys to the Door that stands between oneself and what one senses is also one's Self and yet presently perceived as separate.

The Door is a personal and individual experience. It may be between the Will and the Love; it may be between the Love and the Light; it may be between the Light and the Will; each human, each race, each social group, is now opening to embrace the Unification of all three Keys.

An imposition of Will upon another invades their freedom. The suffocation or denial of another's livingness is to deny Love. The withholding of knowledge or understanding denies the Light.

The natural urge to resynthesize, to reunite, is the magnetic attraction of the Soul and the human that both seek to become at one with one's Self. This is the evolutionary stage, the true heritage, of many souls who have ventured out, and pioneered . . . and who now turn back to the Source returning home with many stories to tell!

The Will brings about Freedom.

The Love will grant the gift of joy and peace.

The Light is in the conscious knowing.

For some souls this is a new experience. For some it is a returning to that which is already inherent within their soul memory.

By developing one's Keys, by developing one's tools, by finding and learning new skills, each Soul then takes into itself its own security, its own safety, its own assurance.

⁵ See notes: The Choice

It is Free to Live, to Love and to Know

DO IT!

Combine all three keys: the Light, the Love and the Will.

Activate all three corresponding chakras: the Brow, the Heart and the Solar plexus.

Utilised *At the Same Time*

They form a stream of energy that can direct, manifest, enhance, heal and create anew.

It is the human Heritage, Destiny and Purpose.

ShaVrill 1989

Revised edition, February 2007.

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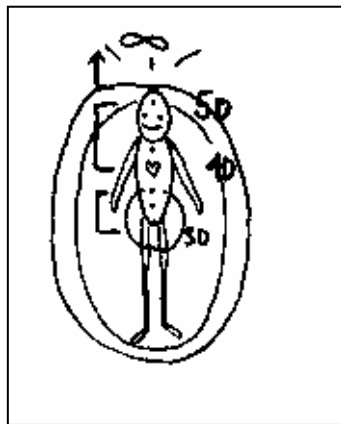
Notes: **The Keys**

1. Art

This drawing by Mari Lara was created in response to a vision of mine in 1987. It symbolises an individual yet common approach to 'finding your way' (torch) with the 'tools' (keys) you *think* you need to 'open the door and cross the threshold to another world'. We only think this way because we are coming from a world of third dimensional reality: of buildings, and boxes created with locks and keys. The startling reality is that there are *no walls!* It is a metaphorical portrayal of a stage of evolutionary growth that requires a discerning focus. The arrival at the new plane of reality is then experienced as the returning to a natural existence.

2. Upper and Lower Triads

In the subsequent Shamballa Lectures in 2001-2003 we studied the Chakra system and how it relates to the multi dimensional experience.



The Upper Triad of Chakras incorporates the **throat** for expression and communication, the **brow** for the Mind and the **crown** for the personal and direct experience of Divinity. These three chakras, when functioning clearly and with Life energy, provide the human with access to the 5th Dimensional experience.

The Heart chakra is the Centre of both Triads and grants access to the 4th dimensional experience. .

The Lower Triad of Chakras functions to maintain the human biological being: the **base** chakra for survival, the **sacral** chakra for connecting through relationship and the **solar plexus** chakra as a centre for directing of energy. This triad maintains our 3rd dimensional state of being in our survival, our ability to procreate and nurture our own species and our ability to direct our own activities.

Gradually though evolution and soul experience the lower chakra is fulfilled and seeks *magnetically* to join with the Higher Triad. Likewise the Higher Triad is drawn to the earth experience and is prepared to embrace it. Eventually, the two triangles connect, gradually meeting in what is known as Solomon's seal.

i.e. ▲ + ♥ + ▼ = ⬠

Note: The six-pointed star is NOT a symbol for a specific religion.

* Diagram by Jen Marshall: Manuscripts Shamballa lectures. 2001-2003.

3. The Cube □

The personal experience of opening the heart chakra and the very real sentience of feeling Love flow *through* us is now recognised by many. Mystics knew of this in the past. Now many humans are experiencing this in healing, in empathy and compassion for each other and in connecting with nature. It can be overwhelming when the Universe 'matches' the love we already experience from within us. The realisation that *matter*, (often symbolised in esoteric and metaphysical works as a third dimensional cube), is somehow connected with this insight. There is much to discover.

4. Inner Conflict

The polarity between 'head and heart' that has permeated our social paradigms and conceptual frameworks for centuries can now be seen from a different perspective. Even today in our social, business and academic fields, the experience of Love is subservient to the cognitive and mental approach to our work, our productivity and the organisation of our societies. A colleague commented recently, "It takes real *intelligence* to be loving **and** thoughtful in one's work".

The lack of a loving approach to our family life and parenting practices is evident in the increasing incidence of domestic violence, of estranged and isolated children, of work practices that separate parents from children for inordinately and unhealthy periods of time, in social systems that do NOT provide for the basic needs of human survival but rather concentrate on productivity and economic growth ... the list goes on.

Likewise, the emphasis on a conditionally attached love that is mainly lower triadic, disregards the natural human urge to seek the [Light of the Mind](#). This is evident in the 'lack of knowledge' provided for parenting, in creating the means for basic survival, the maintaining of one's own health and well being and in the promoting of belief systems that discourage curiosity and questioning. Blind loyalty is encouraged rather than informed choice. This extends to nations and politics, to religions and social norms and values.

5 The Choice

Currently, concern for the environment triggered by climatic change is providing a clear indication of how we have separated the three keys. Perhaps it is in consciously and purposefully adapting our survival to that of the planetary world that the keys can be brought together again in our approach to Life.